Overview

- AFROTC Program
- Det 010 Overview
- Crosstown Schools
- Standards
- Scholarships
- How to Sign Up
AFROTC Program

- Recruit, Educate, Commission Officer Candidates
- Located at over 145 Colleges/Universities
- Different Programs
- Take AFROTC Classes Like other College Classes (No Obligation)
AFROTC Program

Snapshot of Air Force ROTC

AS 100 FRESHMAN
AS 200/250 SOPHOMORE
AS 300 JUNIOR
AS 400 SENIOR
GMC General Military Course
FT
POC Professional Officer Course

2LT
AS 700/800 5TH YR
• Academics
  – GMC (1-hr per week)
    • Foundations of USAF
    • What we support
    • DOD Operations
    • Groundwork of Leadership
    • Airmanship
  – POC (3-hr per week)
    • Leadership practice and fundamentals
      – Tools that can be used as AF Officer
    • Preparation for Active Duty
      – Solid understanding of structure/processes
    • Open discussions of topics – moderated by instructor
Det 010 Overview

• Leadership Laboratory
  – GMC (Every Thurs, 1530-1730 – 2-hrs per week)
    • AS100 - Basics of military training
    • AS200 - Leadership practice of military training
  – POC
    • AS300 – Tactical Level LLAB positions
    • AS400 – Operational Level LLAB positions

• Physical Training (2-3 days per week – 0545-0700)
  – Both POC and GMC share same standards
    • POC must be the example and strive for maximums
Crosstown Schools

• Marian Military Institute
• University of West Alabama
• Stillman College
• Shelton State Community College – elected to no longer participate in program
Standards

• Academics
  – Pursuing Undergraduate Degree
  – Full time student (12+) enrolled in Aerospace Studies classes & Leadership Laboratory
  – TGPA/CGPA of 2.0 (Reg) 2.5 (Scholarship)
  – 80% attendance: AS class/LLAB/Physical Training

• Medically Qualified (DoDMERB)
  – Complete sports physical until qualified

• Civil Involvements
Moral Character

Alcohol and Drugs
- Zero tolerance policy for illicit drug use
- Strict Alcohol use/abuse policy

Physical Fitness
**Fitness Standards**


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**USAF Fitness Test Scoring /Males < 30 years of age**

<table>
<thead>
<tr>
<th>Cardiorespiratory Endurance</th>
<th>Body Composition</th>
<th>Muscle Fitness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Time (min:sec)</td>
<td>AC (inches)</td>
<td>Sit-ups (rep/min)</td>
</tr>
<tr>
<td>Low Risk</td>
<td>3.3</td>
<td>20</td>
</tr>
<tr>
<td>Moderate Risk</td>
<td>4.5</td>
<td>15</td>
</tr>
<tr>
<td>High Risk</td>
<td>5.7</td>
<td>10</td>
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**USAF Fitness Test Scoring /Females < 30 years of age**

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**Notes:**
- Health Risk Category: low, moderate, or high risk for current and future cardiovascular disease, diabetes, certain cancers, and other health problems.
- Passing Requirements: meet minimum values in each of the four components, and achieve a composite point total ≥ 75 points.
- Minimum Component Values:
  - Time: ≤ 12.2 min:sec
  - Push-ups: ≥ 45 repetitions
  - Sit-ups: ≥ 45 repetitions

**Composite Score Categories:**
- Excellent: 90-100 points
- Satisfactory: 75-89 points
- Unsatisfactory: < 75 points
Go to afrotc.ua.edu, and click on “SCHOLARSHIPS”
How do I sign up?

Go to afrotc.ua.edu, and click on “HOW TO ENROLL”
How To Enroll

Follow three-step instructions on website

ENROLLING IN AFROTC

HOW DO I ENROLL?

Contact the AFROTC staff at afrotc@ua.edu to see if you are eligible prior to enrolling in AFROTC. When approved, follow the instructions in the New Applicant Guide/Checklist for Enrollment Completion below:

Enrolling in AFROTC is a three step process. Detailed instructions are outlined in the DET 010 · New Applicant Actions & checklist:

Step 1. Complete the Web Based Application Guide via WINGS (Web Intensive New Gain System)
DET 010 · Cadet Web Based Application Guide
WINGS Link: https://wings.alscuniversity.com/
Step 2. Complete Application Packet
DET 010 · Cadet Application Packet How-to Guide
DET 010 · Cadet Application Packet
Step 3. Enroll in University Of Alabama Aerospace Studies Course(s)
DET 010 · Orientation/First Day Of Class Checklist
NOTE: All Steps MUST be complete before the first day of your Aerospace Studies Course(s)

Additional documents and information:

AFROTC Form 28, Sport Physical
Scanning documents to PDF format with Mobile Phones

***All AFROTC Cadets and applicants are required to follow the University of Alabama COVID-19 guidelines prior to returning to campus and attending AFROTC courses and physical training.***
Conclusion

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Aim High! Roll Tide!